

Making the Leap.

Looking for fundraising inspiration?

We've got it covered with our A-Z of ideas!

A

Afternoon Tea Party – some pretty china, fresh-baked scones and a pot full of English Breakfast is all you'll need for this appetising event!

Abseil – do you love the adrenaline rush from an extreme challenge? How about an abseil: perhaps down one of London's iconic buildings.

Arm Wrestling– flex those muscles and put some strength behind a pay-to-enter contest.

B

Bake Off- are you a budding Mary Berry? Host a regular bake-off at your office and charge to enter: you could even follow the weekly themes of the TV show for inspiration!

Board Game Night - Host an event at a local café or bar and test your guests strengths at Monopoly or Settlers Of Catan.

BBQ - Organise a barbeque for all your friends or work colleagues. You could simplify the catering by offering a beer and burger deal.

Bungee Jump – Not for the faint-hearted but your bravery is guaranteed to impress people into donating!

C

Clothes Swap – A chance for a wardrobe overhaul! Convince your mates to donate their unwanted, good-quality clothes and accessories and throw an event that charges for tickets

Christmas Jumper Day – They might be cheesy, but come December, everyone loves to crack out the festive knitwear...

Coffee Club- A couple of cafetieres and freshly-ground coffee could go down a treat in the office: charge them donations for a cup!

Cake Sale – Patisserie your cup of tea? Whip up some cupcakes and brownies and ask for donations: you'll quickly raise some cash!

Coast to Coast Cycle– Turn your summer holiday into a fundraising challenge by cycling from John O'Groats to Land's End! You could chill out on the Cornish Coast afterwards to recover...

D

Dress Up Day.... Get your team to come to work dressed up as something completely ridiculous for a day – ideas could be wearing pyjamas, dress up as a baby, or your favourite superhero.

Dinner Party- Host a dinner party for friends and family and ask them to donate to Making The Leap depending on what they feel the meal is worth

Dogwalking – Dog lover? Volunteer your time walking local pets for donations – and get some great exercise at the same time!

Danceathon- How long can you keep dancing for? Test your endurance with a sponsored dance challenge.

E

Ebay- Are you due a wardrobe clear-out? Sell your unwanted items online and donate the profits. It's also an excuse for a shopping trip!

Easter Egg Hunt - Arrange an event for your local school, with a treasure hunt for children! Just try not to eat all the chocolate before you hide it...

F

Fantasy Football: Organise a league with your friends and charge them a buy-in fee to raise some cash.

Fetes: Find a village green or a community centre, decorate with bunting and organise some local festivities!

Football Match: Fancy yourself as a bit of a David Beckham? Organise a charity football match to show off your skills.

Fun Run— Race your friends dressed up in the silliest costume you can find and get people to sponsor you to have fun!

G

Give up something for 30 days... alcohol, chocolate, coffee... Or take up something new, like walking to work!

Give As You Live – register with the website and donate to a charity whenever you shop online.

Guy Fawkes Night— Remember, remember the fifth of November? Ask if your local bonfire night can let you collect charity donations!

Guess The Weight—A great idea for a fair or fete, fill a jar with sweets and charge for guesses: you're guaranteed to raise some cash.

H

Halloween Events- Is All Hallows Eve your favourite date in the calendar? Why not organise a local ghost walk, fancy dress parade or scary movie night?

Hiking - Have a blast hiking through your favourite scenic trail and get paid donations for the privilege!

Headshave - You'll be hard-pressed to find anyone not willing to sponsor such a hair-raising challenge!

Houseshare? Offer to do your housemates share of the cleaning jobs for a month- at a cost!

I

It's A Knockout—If your interest is obstacle races, one of these team-building challenges could be ideal for all sorts of events!

International Evening—Are you passionate about Peru or crazy for the Caribbean? Whatever your favourite destination, why not arrange a themed event, serving food and drinks and playing music from the country!

I'm a Get Me Out Of Here! - Dare your colleagues or team-mates to compete in a competition inspired by the hit TV show!

J

Jewellery - If you're into crafting your own designs, why not sell to your friends or set up an online store? You could ask for donations of beads to cut set-up costs!

Jog - You don't have to be a marathon runner to take on a charity sporting event. You could get fit and fundraise at the same time by signing up for a 5 or 10k race!

Jumble Sale— Somebody's junk might be another person's treasure: ask your friends and family to donate unwanted items to take to a local jumble or car boot sale.

K

Kids Events- How about organising a teddy bears picnic or dress up as your favourite superhero day at school? Kids will love the excitement!

Knitting- Dig out your wool and knitting needles and create some warm woollen items to sell for charity: baby blankets, hats or gloves. Friends love knitting too? Recruit them, and turn it into a fun and social event.

L

Loose change down the back of the sofa? Get you and your friends to start

collecting all the 2ps you locate around the house and a month later give the total to charity

London to Paris— Looking for a new way to travel? How about a sponsored bike ride between the two cities, ending at the Eiffel Tower for a finish-line photo!

N

Nominate- offer your friends to nominate a silly task you have to carry out. They could

pick an embarrassing costume for you to wear all day, or nominate you to do a fun run!

Netball Tournament—Dust off that netball skirt and relive your schooldays by organising a charity tournament!

Name The Teddy— Set up a stand at a local Christmas bazaar, charging visitors to guess from a list of names for an oversized bear.

Non-uniform Day— Ask your local school to hold a non-uniform day: students could pay £1 to wear their own clothes.

M

Marathon- Could you undertake one of the toughest endurance tests around? Join

thousands of runners as they push themselves to the limit!

Music Night- Know some friends in bands? Convince them to do a slot on a music night and get a local bar to let you give the proceeds to Making The Leap.

Match Giving- ask local businesses to match the amount raised in return for publicity!

Murder Mystery Night—What better way to spend an evening with friends than assigning them characters and solving a mystery?

O

Olympics- Host your own mini Olympics event! Get people to

represent different countries and compete for a gold medal.

Office Lunches- If there's a favourite takeout place in your team, why not offer to go on a weekly basis and collect all the orders- charging a bit extra as a donation?

Oscars Party—Create your own red-carpet party, showing Hollywood classics to tie in with awards season.

Obstacle Course- There's a whole array out there. If you're not afraid of the prospect of mud, ice and fire, why not undertake Tough Mudder?

P

Poetry Slam— Recruit some budding Shakespeares to spin some sonnets and compete before a crowd!

Parachute— For those who dare, parachute from a plane!

Plant growing— Kids love sunflower growing competitions: a perfect idea for schools or nurseries.

Poker—Hold a poker night, charging charity donations for the poker chips!

Q

Quiz - get your local pub quiz to let you host a quiz. You could either go for a general quiz, or a themed one—such as TV shows like Friends, or Harry Potter- depending on your specialist area of expertise!

R

Rugby Match— If you'd rather be at Twickenham than a football stadium, why not run a match, with a post-game party!

Rounders Tournament— Come summer, everyone loves a good game of rounders! Just set up in your nearest park or common.

Raffle— Exactly what it says on the tin— an all-round crowd pleaser at any event!

Roller Derby— Approach your local team and ask them to fundraise for the charity? Better yet, why not join the team yourself.

S

Swim - you could compete in a race or how about a cold dip in the sea on New Years Day?

Scrabble Tournament - Show off your Scrabble skills by inviting your friends to compete in a tournament.

Sports club member? Ask your club to host a buddy night where you can bring along a friend and they donate to your cause

Sponsored Silence - Do you think people would pay for your silence for a day? Seal those lips and raise some speedy cash!

Swear Jar - Charge your family £1 every time they use a word from a banned list. You'll be amazed to see how quickly they drop them from their vocabulary!

Silent Disco - Pop on some headphones, choose your own music amongst a roomful of people all doing the same—and get dancing for charity.

T

Themed events- A Casino Night or a Pirate Party are a few themes to inspire you!

Tweet silly photos, start a trending hashtag and ask for text donations

Three Peaks Challenge - Summit Ben Nevis, Snowdonia and Scafell Pike in the space of twenty-four hours!

Tennis Tournament - Serving jugs of Pimms and strawberries and cream, of course.

Table Tennis Night - You don't have to be a sporting pro to enjoy an evening of ping-pong, and now it's springing up in bars everywhere, you could give your evening a party atmosphere.

U

Unwanted gifts after Christmas? Host a January Sale so they don't end up at the back of a cupboard!

University Challenge—Perfect for work teams, you could be the quizmaster and charge entry fees for university teams to battle it out!

V

Vintage- inspired parties. People love an excuse to dress-up and revisit bygone eras. How about a 40s tea dance, nineties night or a 1920s prohibition party?

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W

Wedding - Getting married? Ask for charity donations instead of a gift register. According to JustGiving, the average donation on a wedding page is £58!

Weightloss Challenge- great motivation for losing a couple of pounds- get friends and family to sponsor you.

Waxing- convince your male friends to have their legs waxed for charity!

Who's the Baby? - A quick and easy way to raise cash at the office by getting colleagues to guess who childhood portraits belong to!

Wine-tasting - Marvel over Merlot and savour Sauvignon Blanc at a tasting evening. You could also pair the wines with fine cheeses.

X

X-Box - Host a gaming contest for you and your friends.

X-Factor - Throw a singing competition and let the audience choose the winner. Don't forget to recruit a glamorous panel!

Xmas - Parties, Fetes, Cookies, Quizzes or Balls... the festive season is a perfect opportunity to throw an event!

Y

Yogathan - Show off your strength and flexibility in a sponsored yoga marathon.

Yummy Treats- Whether your guilty pleasure's sweets or sandwiches, you'll find it easy to sell your favourite treats at a school fete.

Yes Day - Get sponsored to say yes to everything for a day. Be prepared for lots of odd jobs and errands!

Yacht Race - Test out your sea legs and compete with friends or colleagues in a thrilling regatta.

Z

Zumbathon - If you're into one of the most fun workouts around, why not gather your class for a charity zumbathon?

Zzzz - Host a sponsored sleepover in a local church or community centre. You could ask your guests to come in their favourite onesie!

Are you inspired to take on a fundraising challenge? We are looking for people like you!

Your fundraising efforts could directly help change the lives of children and young adults across London. If you're interested in finding out more, get in touch with Lucy today: she'll be happy to answer any of your questions.



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