

Making the Leap.

Looking for fundraising inspiration?

We've got it covered with our A-Z of ideas!

A

Afternoon Tea Party – Some pretty china, fresh-baked scones and a pot full of English Breakfast is all you'll need for this appetising event!

Abseil – Do you love the adrenaline rush from an extreme challenge? How about an abseil: perhaps down one of London's iconic buildings.

B

Bake Off – Are you a budding Mary Berry? Host a regular bake-off at your office and charge to enter.

Bungee Jump – Not for the faint-hearted but your bravery is guaranteed to impress people into donating!

C

Clothes Swap – A chance for a wardrobe overhaul! Convince your mates to donate their unwanted, good-quality clothes and accessories and throw an event that charges for tickets

Christmas Jumper Day – They might be cheesy, but come December, everyone loves to crack out the festive knitwear...

D

Dress Up Day – Get your team to come to work dressed up as something completely ridiculous for a day - ideas could be wearing pyjamas, dress up as a baby, or your favourite superhero.

Dinner Party – Host a dinner party for friends and family and ask them to donate to Making The Leap depending on what they feel the meal is worth.

E

Ebay – Are you due a wardrobe clear-out? Sell your unwanted items online and donate the profits. It's also an excuse for a shopping trip!

Easter Egg Hunt – Arrange an event at your workplace and charge people to take part! Just try not to eat all the chocolate before you hide it...

F

Football Match – Fancy yourself as a bit of a David Beckham? Organise a charity football match to show off your skills.

Fun Run – Race your friends dressed up in the silliest costume you can find and get people to sponsor you to have fun!

G

Give up something for 30 days – Alcohol, chocolate, coffee.... Or take up something new, like walking to work!

Guess The Weight – A great idea for a fair or fete, fill a jar with sweets and charge for guesses: you're guaranteed to raise some cash.

H

Hiking – Have a blast hiking through your favourite scenic trail and get paid donations for the privilege!

Head shave – You'll be hard-pressed to find anyone not willing to sponsor such a hair-raising challenge!

I

It's A Knockout – If your interest is obstacle races, one of these team-building challenges could be ideal for all sorts of events!

International Evening – Are you passionate about Peru or crazy for the Caribbean? Whatever your favourite destination, why not arrange a themed event, serving food and drinks and playing music from the country!

J

Jog – You don't have to be a marathon runner to take on a charity sporting event. You can get fit and fundraise at the same time by signing up for a 5 or 10k race!

Jumble Sale – Somebody's junk might be another person's treasure: ask your friends and family to donate unwanted items to take to a local jumble or car boot sale.

K

Karaoke – How about singing your favourite tunes at a karaoke competition with colleagues or friends and family? People can pay to take part as an individual or in teams. A fun time guaranteed!

Knitting – Dig out your wool and knitting needles and create some warm woollen items to sell for charity: baby blankets, hats or gloves. Friends love knitting too? Recruit them, and turn it into a fun and social event.

L

Loose change down the back of the sofa? Get you and your friends to start collecting all the 2ps you locate around the house and a month later give the total to charity.

London to Paris – Looking for a new way to travel? How about a sponsored bike ride between the two cities, ending at the Eiffel Tower for a finish-line photo!

M

Marathon – Could you undertake one of the toughest endurance tests around? Join thousands of runners as they push themselves to the limit!

Music Night – Know some friends in bands? Convince them to do a slot on a music night and get a local bar to let you give the proceeds to Making The Leap.

N

Netball Tournament –

Dust off that netball skirt and relive your schooldays by organising a charity tournament!

Name The Teddy – Set up a stand at a local Christmas bazaar, charging visitors to guess from a list of names for an oversized bear.

O

Office Lunches – If there's a favourite takeout place in your team, why not offer to go on a weekly basis and

collect all the orders - charging a bit extra as a donation?

Oscars Party – Create your own red-carpet party, showing Hollywood classics to tie in with awards season.

P

Poetry Slam – Recruit some budding Shakespeares to spin some sonnets and compete before a crowd!

Parachute – For those who dare, parachute from a plane!

Q

Quiz – Get your local pub quiz to let you host a quiz. You could either go for a general quiz, or a themed one—such as TV shows like Friends, or Harry Potter- depending on your specialist area of expertise!

R

Rounders Tournament – Come summer, everyone loves a good game of rounders! Just set up in your nearest park or common.

Raffle – Exactly what it says on the tin- an all-round crowd pleaser at any event!

S

Swim – You could compete in a race or how about a cold dip in the sea on New Years Day?

Sponsored Silence – Do you think people would pay for your silence for a day? Seal those lips and raise some speedy cash!

T

Themed events – A Casino Night or a Pirate Party are a few themes to inspire you!

Table Tennis Night – You don't have to be a sporting pro to enjoy an evening of ping-pong, and now it's springing up in bars everywhere, you could give your evening a party atmosphere.

U

Unwanted gifts after Christmas? Host a January Sale so they don't end up at the back of a cupboard!

University Challenge – Perfect for work teams, you could be the quizmaster and charge entry fees for teams to battle it out!

V

Vintage-inspired parties – People love an excuse to dress-up and revisit bygone eras. How about a 40s tea dance, nineties night or a 1920s prohibition party?

Vegan/ Vegetarian challenge – You've heard of Veganuary... but don't limit yourself to just one month! Why not change it up and challenge yourself to go plant-based?

W

Who's the Baby? – A quick and easy way to raise cash at the office by getting colleagues to guess who childhood portraits belong to!

Wine-tasting – Marvel over Merlot and savour Sauvignon Blanc at a tasting evening. You could also pair the wines with fine cheeses.

X

X-Factor – Throw a singing competition and let the audience choose the winner. Don't forget to recruit a glamorous panel!

Xmas – Parties, Fetes, Cookies, Quizzes or Balls... the festive season is a perfect opportunity to throw an event!

Y

Yogathan – Show off your strength and flexibility in a sponsored yoga marathon.

Yummy Treats – Whether your guilty pleasure's sweets or sandwiches, you'll find it easy to sell your favourite treats.

Z

Zumbathon – If you're into one of the most fun workouts around, why not gather your class for a charity zumbathon?

Zzzz – Host a sponsored sleepover in a local church or community centre. You could ask your guests to come in their favourite onesie!

Are you inspired to take on a fundraising challenge? We are looking for people like you!

Your fundraising efforts could directly help change the lives of children and young adults across London. If you're interested in finding out more, get in touch with Lucy today: she'll be happy to answer any of your questions.



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